



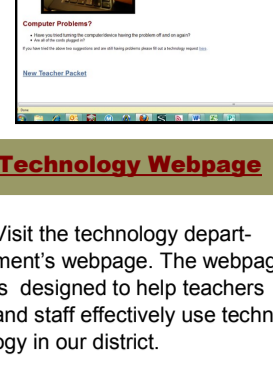
## Technology Newsletter

### How Do I know if I have a Virus?

April 2010

- 1) Your computer suddenly slows down– You may have an infection because viruses and adware use many of your system resources. They can destroy files, send spam e-mail, redirect your browser and many other things that will slow your computer down.
- 2) Internet stops working– If your internet stops working or closes frequently, the malware or virus is using your browser to spread.
- 3) Suspicious E-mails– If you start receiving strange emails like "Message Undeliverable" or "Mailer Deamon" the virus could be sending emails to all of your contacts.
- 4) Error Messages– If you start receiving error messages when you turn on your computer it could be infected with malware. Malware programs are usually activated upon the start of your computer and will cause errors.
- 5) Something on your computer has changed– If something looks different and you know you didn't make any changes there's no reason why something would change unless you have malware or a virus.

Luckily, most of our computers have Deep Freeze installed on them so a simple reboot will take care of the problem. However if you are at home and think you may have malware or a virus you should run a virus scan immediately. You can also try running [Malwarebytes Anti Malware](#) since some Anti Virus programs do not protect against spyware or malware.



### Technology Webpage

Visit the technology department's webpage. The webpage is designed to help teachers and staff effectively use technology in our district.

If you have a quick question for us check our website first, you may find the answer there under Tutorials or FAQ.

Look for our webpage under the Tech and Media links.

### Cool Links...

- [Webspiration](#)– is the free version of inspiration on the web. You can map out ideas, create outlines, and even collaborate with others. Great for visual thinking.
- [Internet Safety](#)– FBI internet safety site for students, teachers, parents, and principals.
- [Web 2.0 Cool Tools for Schools](#)– Quiz and poll tools, presentation tools, writing tools, and more!
- [Typing Tutorial](#)– Beginners typing exercises
- [Keybr.com](#)– practice typing so that you become a more efficient and capable typer.

**If you have not gotten a new picture taken for your badge this year please come down to the Tech office.**

### Work on Your Webpage From Home

Try [www.schoolrack.com](http://www.schoolrack.com). SchoolRack is a free online tool that makes it easy to publish and personalize a useful teacher website, without any software. SchoolRack enables you to post homework online, class notes, pictures – just about anything you want! All you will need to get started is a computer with internet access. This means you can update your webpage in the comfort of your own home.

If you would like to use SchoolRack for your teacher website please e-mail our webmaster, Paula White, the link to your site so your link can be redirected from our server to your external site. (paulawhite@mindspring.com)

### E-mail Tip of the Month

You can activate a setting in your email so that it will automatically check the spelling before sending a message. To do this, log into your email and click on Options on the top right of the screen. Then click on Spelling on the left hand side of the screen. Check the box that says "Always check spelling before sending" and click Save.